

PE, Sport & Physical Activity Policy 2021/2022



Our school vision

At our school we celebrate our faith and diversity and provide a safe environment where our children are happy to learn. We are kind, caring and respectful to others. We aim to inspire future generations of our school and community to become lifelong learners.

Our PE, sports & physical Activity vision for our school

To inspire pupils to lead a physically active lifestyle and provide a stimulating and safe environment which to do so. Furthermore to celebrate our diversity and give opportunities to all pupils regardless of their background, gender or ability.

Meeting the needs of our children

Intent	Implementation	Impact
To teach and progress the basic fundamental movement skills the children need to acquire to lead a physically active lifestyle.	Children throughout the school will take part in and systematically follow the REAL PE /Real Gym programme to introduce and development fundamental movement skills.	Children's progress will be tracked and clear progress will be made throughout the different ability bands of the REAL PE structure.
To give an opportunity to all the children (regardless of their background, gender or ability) to take part and enjoy sport and keeping active.	To imbed physical activity into the daily curriculum by participating in initiatives such as 'Wake Up Shake Up' and the 'Daily Mile' and 'Go Noodle'.	Children will be very familiar with activities such as the 'Daily Mile' and 'Wake Up, Shake Up'. Children of different gender, background and ability will be represented within the different coaching sessions and extracurricular clubs on offer.
To provide new opportunities to try new activities as well as Fostering the interests of the children and the wider school community.	The use of WOW days and external coaches will be used to give children new sporting experiences and inspire pupils to try new activities.	The children will have the opportunity to take part in a variety of different clubs. The children will have specialised coaches teaching them new skills at lunchtime and within Curriculum time.
For the children to know the importance of leading a physically active lifestyle.	This shall be part of the school ethos. A sports committee will be set up to help children voice their own opinions.	Children will enjoy being physically active and understand the importance.

Our curriculum will be designed to fit the needs of the children as well as implementing the vision of the school.

Physical Education is the planned, progressive learning that takes place in school curriculum timetabled time and which is delivered to all pupils. This involves both ‘learning to move’ (i.e. becoming more physically competent) and ‘moving to learn’ (e.g. learning through movement, a range of skills and understandings beyond physical activity, such as co-operating with others). The context for the learning is physical activity, with children experiencing a broad range of activities, including sport and dance.

School Sport is the structured learning that takes place beyond the curriculum (i.e. in the extended curriculum) within school settings; this is sometimes referred to as out-of-school-hours learning. Again, the context for the learning is physical activity. The ‘school sport’ programme has the potential to develop and broaden the foundation learning that takes place in physical education. It also forms a vital link with ‘community sport and activity’.

Physical Activity is a broad term referring to all bodily movement that uses energy. It includes all forms of physical education, sports and dance activities. However, it is wider than this, as it also includes indoor and outdoor play, work-related activity, outdoor and adventurous activities, active travel (e.g. walking, cycling, rollerblading, scooting) and routine, habitual activities such as using the stairs, doing housework and gardening. *(Taken from the afpe.org.uk website)*

Physical Education

The children will take part in the full REAL PE Curriculum when starting in Reception. Teachers will use the Jasmine Active platform to access planning, resources and assessment tools. This year KS1 children will also be introduced to the REAL Gym platform which will teach the children basic fundamental skills within gymnastics. This will take place in the second weekly session of PE.

Apparatus should be used once every half term to ensure that children can use them safely and confidently.

REAL PE

Year Group	Term 1A	Term 1B	Term 2A	Term 2B	Term 3A	Term 3B
Reception	Co-ordination 10 Static Balance 1 Personal	Jumping and landing: 6 Seated balance: 2 Social	Dynamic balance 5 Static balance 4 Cognitive	Ball skills 9 Counter balance 7 creative	Sending and receiving 8 Agility 12 Physical	Ball chasing 11 Floor work 3 Health and fitness
Year 1	Co-ordination 10 Static Balance 1 Personal	Counterbalance in pairs 7 Co-ordination 9 Creative	Dynamic balance 5 Static balance 4 Cognitive	Dynamic balance 6 Static balance 2 Social	Co-ordination with equipment 8 Agility 12 Physical	Agility 11 Static balance 3 Health & Fitness
Year 2	Co-ordination 10 Static Balance 1 Personal	Jumping and landing: 6 Seated balance: 2 Social	Dynamic balance 5 Static balance 4 Cognitive	Ball skills 9 Counter balance 7 creative	Sending and receiving 8 Agility 12 Physical	Ball chasing 11 Floor work 3 Health and fitness

Real Gym

YR	Unit 1	Unit 2
	Social Shape and Travel	Health and fitness Flight and Rotation
Y1	Unit 1	Unit 2
	Personal Shape and Travel	Cognitive Flight and Rotation
Y2	Unit 1	Unit 2
	Creative Balance and Travel	Physical Flight and Rotation

Assessment – Assessment is carried out through observations and recorded using the assessment framework from REAL PE and REAL Gym.

Sport - Use of coaches

Coaches will be used in and around curriculum time to introduce the children to new skills and sports. The sessions run by the coaches will be chosen by the school so that the sessions are suited to fit the needs, ability and identity of the children at our school.

Term	Dinner time focus	Extra-Curricular Club
1A	Multi sports	Dodgeball
1B	Football	Hockey
2A	Multi Sports	Multi Sports
2B	Dance	Gymnastics
3A	Multi Sports	Cricket
3B	Dance	Cheer leading

Term	Focus	Year Group
1A	Rugby	2
1B	Rugby	1
2A	Football	2
2B	Football	1
3A	Dance/Cheerleading	1
3B	Dance/Cheerleading	2

School Links

Our school will have close links with the other infant schools and junior school within our local area.

School Olympians	Saville Town – Not scheduled as yet
Reception	Pentland - Not scheduled as yet
Year 1	Thornhill Lees – Not scheduled as yet
Year 2	Headifeld – Not scheduled as yet

School Sports Partnership – Thornhill Lees Infant & Nursery School are members of the North Kirklees school partnership which allows access to curricular support, training and additional resources.

Physical Activity

The children will incorporate and be familiar with physical activity as part of their daily routine within the school day. The children will understand that it is important to lead a physically active lifestyle and will take part in different initiatives throughout the school year.

The Daily Mile	KS1 Children will take ten minutes out of their curriculum time in the afternoon to walk / run a mile within the playground.
Go Noodle / Wake up Shake up	The children will start the day with a quick physical activity video to get them ready for learning.
The Living Streets	The children will track their progress when travelling to school and will be given incentives to try and walk to school.
Active break times	The children will have access to different sporting equipment to keep them physically active during break times.
One off Staff fitness sessions	Staff members will have the opportunity to take part in different physical activity classes to assist them in leading a physically active lifestyle.
WOW Days	The children will take part in different WOW days and event such as Sports Relief and sports day.
Active Bears challenge	Each year group has their own active bear. Each week the pupils will be challenged to complete a basic skill. The teacher will count how many each class gets within 20 seconds. The classes with the most in each year group will win their active bear.

In **Nursery** physical activity is encouraged and delivered as part of the continuous provision. This can occur inside as well as outside.

Clothing

It is important that the children wear appropriate footwear and clothing during PE lessons to ensure the children's safety and lower the risk of injury. All jewellery should be removed (included religious material) and children who have earrings must have their earrings covered if they can't be removed.

- T – Shirts.
- Shorts/ leggings / jogging bottoms
- Pumps / Trainers.

Teachers have the option to get the children changed in either their classroom or the hall. When getting changed in the classroom; children must put their shoes on before travelling up to the hall. Teachers must be mindful of spacing the children out when changing in the hall to ensure that clothes are not mixed up.

Medical equipment

The staff must take their class medical box with them for every PE lesson to ensure that children have their own medicine administered as quickly as possible. Staff must also familiarise themselves with

the Medical kit which is present in the hall as well as the emergency SOS card which can be used to alert other staff to come to the hall immediately.

Website

The PE, Sport and physical activity action plan will be available to access via the school website. Furthermore an outline of the sports premium budget will also be available on the website along with any evidence of spending within the school.